

RUSTY ROCKET REVIEW



Jerry Pigsley

March 6

Birthday

John Shimonek

March 27

Birthday

Tim Noel

March 28

Birthday



Food Distribution

Tuesday

March 22

4:45 – 6:00

**Center for People in
Need**



Pancake Feed

March 24

Pershing Center

7 a.m. – 7 p.m.

A Publication of Northeast Sertoma, Lincoln, NE

SUZANNE FRASIER – NEW MEMBER



I am an “old” Sertoman but new to the Northeast Club. I joined Sertoma in 1988 as a Charter member of the Mid-Towne Club. I have served as club secretary, awards chair, sergeant-at-arms, vice president and recycled as Club President about five times. On the District level, I have been District Secretary/Treasurer, I am a Past District Governor and currently have the position of District FDR. I will also be co-chair of the Host Committee for the Regional Conference which will be in Lincoln August of 2011.

Of all the positions I have held, the one that gave me the most satisfaction was working on the Service to Mankind

Award. When I was with Mid-Towne, we were notorious for receiving the District honor with our award recipient and I always wrote the award. I can recall receiving at least six District awards over the years. My best effort and the one I am most proud of was two years ago when Mid-Towne not only won the District honor, but our recipient also won the Regional and National honor. I feel I can now “retire” from writing awards!

My husband Jerry and I have been married for 32 years and have one son Cory who is still single. Jerry is a self-employed CPA and also umpires baseball on the high school level and does

Legion games in the summer. I officially retired from Windstream with 40 years of service and am currently looking for something to keep my brain active! My family is very sports oriented and we attend UNL football games and men’s basketball events. We also golf, fairly and poorly, depending on the day!

I am also a member of Beta Sigma Phi sorority and a member of the Telephone Pioneer organization.

I am originally from Falls City, NE but have been in Lincoln since 1970. That is about as exciting as my bio gets but I am glad to be a part of the Lincoln Northeast Sertoma Club.

FRIENDSHIP HOME

Friendship Home is a welcoming place for women and children who are leaving abusive situations says **Traci Hoffman**. They can stay 6-8 weeks but there are transitional units for women who need to stay more than two months.

Friendship Home helps

women work on goals, offer support, and advocate for the women. The case manager helps them apply for housing, get a protection order, and arrange counseling for the children.

The holidays that provoke the most violence are the

Super Bowl, Memorial Day and the 4th of July.

The abuse is reported by the women themselves. It usually takes a woman 10-12 times to permanently leave a batterer.



Programs

March 3
Nancy Intermill
Midtown Village

March 10
Rhonda Saunders
Independence House

March 17
Sue Anderson
Community Education
Coordinator
Voices of Hope

March 24
Pancake Feed

March 31
Dina Bartu
Nebraska Game & Parks
Commission



Bingo

Lancaster Manor
Saturday, March 26
10:00 a.m.



**Northeast Sertoma Open
House**
March 21
5:30
Eat dinner at Stauffer's in
Uni Place

YELLOW RIBBON SUICIDE PREVENTION PROGRAM

Recently an 8-year-old in Lincoln, NE tried to commit suicide three times on his birthday.

There are 100-200 suicide attempts for every successful suicide says **Chris Hansen**.

Nationally, suicide is the third leading cause of death for young people between the ages of 15-24. In Nebraska, it is the second leading cause of

death for that age group.

There have been 2500 lives saved. There are training programs for all ages, but the main focus is middle to high schools. They want to train faith based organization pastors and youth leaders. They would be able to mention Jesus as a source of help. First responders training is beginning in Pennsylvania. They also

provide training for service men and woman and the gay and lesbian community.

There are four tips how we can save a life:

Stay with the person – you are the lifeline!

Listen, really listen!

Take them seriously!

Get, or **call** help immediately!

CHILD ADVOCACY CENTER

Child Advocacy Center has moved into their new building at 5025 Garland says **Lynn Ayers**, Executive Director. The new facility is significantly larger than the previous house, but they are using every inch. It has four interview rooms and new technology is used in the medical exams and the interview tools.

There were 756 children interviewed in 2010 for

sexual and physical abuse. 73 were interviewed in January and 50 already in February. 75% of the children interviewed are under the age of 12.

One new tool is a hair sample from the children to see if there has been drug use in the home in the last 90 days.

Someone on staff is available 24/7.

In March they will start foster care exams. By law, children are supposed to receive exams within two weeks of placement.

The farmhouse will do the interviews and medical exams. The yellow house will be the training center.

80-85% of the children are Caucasian and most of the others are Latino. Many ethnic groups stay within their ethnic group.

WEST HAYMARKET & CITY STREETS

Streets, water and sewers need to be built around the new arena before work on the arena itself so that workmen have access to the site, says **Roger Figard**, city engineer. While some outside firms are doing designs, the plan is to hire

local people to do the work. The ice arena still does have a permanent home. It usually takes over a year for engineering designs. For the arena, the engineers were hired in November/December, the design is done and the

bids will be let in March/April. Everything must be run through Historic Preservation. The city is updating its comprehensive plan. There are guesses where the city will grow but the plan must also be fiscally constrained.

HELPING SAM HEAR

It was the day before Sam's implant was activated and, like most days in the month after Sam's surgery, I spent the drive home from work imagining the moment our son would hear us for the first time. Halfway through the trip, "Here Comes the Sun" came on the radio as if cued by my daydream, bringing me to tears.

Although the big event was less dramatic than the Beatles-accompanied scenario scripted in my head, my wife and I were thrilled. The day marked a new beginning for Sam.

At 13 months old, Sam was "born" into the hearing world. While his progress will be incremental like a newborn's, each step will require extra time and effort. Still, helping Sam learn to use his implant hardly seems like sacrifice. Our days are filled with rewards, from watching him turn toward a noise at home to hearing him mimic a new sound during therapy.

Awaiting a New Beginning

The time passed quickly between Sam's surgery and the day his implant



The Ear

was activated. Since Sam was back to himself so soon after the operation, we held his first birthday party the following weekend. Our family sang "Happy Birthday" to Sam and, as he tried his first taste of cake, I thought about how it might be the last time we sang a song Sam couldn't hear.

(to be continued)

Gripe about Job

Getting an excellent performance review but then no raise is like being told you get dessert, then learning the dessert is celery.

SPECIAL ELECTION REMINDER

The live online candidate forum is Monday, February 28 at 6:30 p.m. CST. Sertoma Inc. does not know how many members will participate and there is a concern how many questions can be reviewed and answered during the forum. The preference is that questions be sent in advance and provided to the moderator. The forum will last between an hour

and ninety minutes. The three candidates have provided a bio that will be in the *Sertoman* magazine coming soon. The bios are available now in the PDF version of the *Sertoman* on the Sertoma web site.



To participate, join the Candidate Forum Webinar. Get online a few minutes early to ensure plenty of login time. If there are issues with the software, contact support.

The Northeast Sertoma Jr. Achievement Bowling Teams earned over \$700 at the bowling fundraiser. Several also won quiz prizes.



Trail Pickup

MoPac Trail from 70th to Wedgewood Bridge

March 1-31

Sharon Cuning

Superior Trail

March 1-31

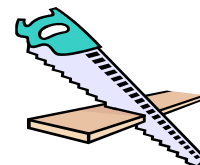
Tim Noel
Ken Westerhold



Cookies for Child Advocacy Center

March

Maxine Bishop



Board Meeting

March 8

Lee Bring, Host

Northeast Sertoma



2010-2011 Officers

President – Cathy Becker

President-Elect
Donna Magwire

Chairman of the Board
Ken Westerhold

Secretary – Fran Follett

Treasurer – Lee Bring

Sergeant-at-Arms
Harland Parrish

Board of Directors
Jim Becker
Maxine Bishop
Dave Brown
Sharon Cunning
Chuck Genrich
Harry Wimer

Meet Thursdays
7:00 a.m.

HyVee Club Room
5010 "O" Street

Website: nesertoma.org

HUMOR



Our grandson's scoutmaster must have fainted when he saw what he'd texted to his troop's parents: "Scouts 7:00 Sharp at the Church. We will finish up Aviation, Cycling and Gynecology Merit Badges."

That was followed by this message three minutes later: "Change of Plans. We will not be finishing up the Gynecology Merit Badge. Instead it will be the Genealogy Merit Badge."

The day after visiting a fair, my wife was in agony. "You know you're past your prime," she said, "when you hurt all over and all you rode was the massage chair."

From the Telephone Museum to the Nebraska History Museum, a last minute change in plans made for an interesting afternoon for all, especially after eating at Spaghetti Works!

A bar in our neighborhood got lots of interesting traffic. Cars swerved into the parking lot, and the drivers would run inside only to reappear minutes later looking confused. One reason might have been the sign outside: "Free Beer, Topless Bartenders, and False Advertising."

If you are always straightening things, you have OCD. If you are always eating things, you have OBCD.

I've just been on a once-in-a-lifetime holiday. I'll tell you what – never again.



Great Plains Regional Conference
August 11-13, 2011
Lincoln

After receiving the umpteenth late-night communication from a business associate in Asia, I grumbled to my son, "Don't ever work for a global company!"

A reservist, he said, "I already do. It's called the U.S. Army."



The reason volunteers aren't paid isn't because they're worthless, but because they are priceless.

Northeast Sertoma
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