



**Janet Odvody**  
**January 26**  
**Birthday**

**Pershing**  
**Concessions**



**Blake Shelton**  
**Concert**

January 14



**RODEO**

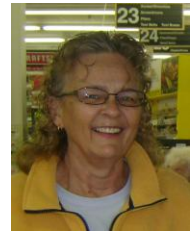
January 27 – 28

See **Cathy Becker** to  
sign up and for  
check-in times

Nothing to me feels  
as good as laughing  
incredibly hard.  
*Steve Carell*

*A Publication of Northeast Sertoma, Lincoln, NE*

## DONNA MAGWIRE – PRESIDENT'S NOTES



Happy New Year to all! It is hard to believe my year serving as Northeast Sertoma President is half over. I only have six months left to make my goals. Oh, yeah, I never got around to making any goals. Guess that wasn't very good, especially since we live in a goal oriented world. But I think of goals the same as New Year's resolutions. I make them, usually do not meet or keep them, then spend more time trying to explain

or justify why I didn't. (Please note that I am only talking about myself). Then I waste time feeling guilty about not meeting these goals or keeping my resolutions. So I guess that must have been my goal/resolution – give up guilt.

Here's something interesting; Irish folklore says if Christmas falls on a Sunday, it means a warm winter and a hot dry summer. So far the first

part is correct.

There is also an Irish toast that goes "In the New Year, may your right hand always be stretched out in friendship, never in want."

May 2012 be kind to us all, but it is nice to know that if we do find ourselves in need or want, there are such groups as ours there to help.

## HEARING LOSS



### How to save and improve the hearing you still have

*For months, your family has been encouraging you to get your ears checked – they say you can't hear anymore. You don't think it's a big problem. However you have noticed that it's becoming more difficult during conversations to understand all of what's being said. You have also noticed yourself having to increase the volume on the television, and you don't always hear the telephone ringing.*

Gradual loss of hearing that occurs with age is common. An estimated one-quarter of Americans between the ages of 65 and 75 have some degree of hearing loss, and among Americans 75 and older, three out of four have difficulty hearing.

As baby boomers reach retirement age, the number of people with hearing loss is expected to increase significantly. This is the first generation to grow up with rock concerts, high-tech music amplifiers, jet engine noise and power lawn mowers.

If you've already experienced some inner ear hearing loss, you usually can't get back what's gone. But with the help of a doctor or hearing specialist (audiologist), you may be able to hear some sounds you're currently missing. Proper treatment can make communication, social interaction, and work and daily activities easier and more enjoyable.

### Newspaper Errors

There was a typo in lawyer Ed Morrison's ad. His logo is: "Your case is no stronger than your attorney," not "stranger."

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# A HAPPY NEW YEAR

## Programs

January 5  
TBA

January 12  
TBA

January 19  
TBA

January 26  
TBA



## Cookies for Child Advocacy Center

January

Harry Wimer



## Bingo

Lancaster Manor

Saturday

January 28

10:00 a.m.

How's your job at the  
travel agency?

I'm going nowhere.

## ST. MONICA'S

St. Monica's is committed to the sobriety of women of all ages through empowerment, stability and self-fulfillment.

St. Monica is the patron saint for alcohol and domestic violence. The program started 48 years ago as a place for women escaping domestic violence, substance abuse and mental health issues says **Becky Roberts**, Director of Development.

There are six residences for inpatient care. St. Monica's also provides out-patient services, transition services and after care services.

Trauma informed care – substance abuse is for women who use drugs to get through traumas and helps them find out why they became addicts. The family-centered focus reconnects families broken by addiction and

helps women become strong, effective parents. Family treatment can include a Family Therapist, Pediatric Nursing Care, Family Activities and a Licensed on-site Child Care Center.

The newest program includes step-down transitional housing, which allows women to live in a safe, drug-free environment while saving for their own apartments.

## TRIAD

Volunteers work with the police and sheriff's department, attorney general, BBB, AARP and Adult Protective Services to warn Seniors about scams. They offer speakers' bureaus, radio spots, billboards and brochures.

Diminished capacity, trusting nature, politeness and loneliness are some reasons the elderly are victims. Up to \$40 billion

is scammed a year.

Some common scams are the Nigerian letter, foreign sweepstakes, counterfeit checks, 'Grandma, I'm in trouble' and home repairs.

Some Red Alerts that are suspicious:  
Wire money.  
It's free.  
You've won.  
We were in the neighborhood.  
Offer good only today.

Guidelines to follow:  
Don't pay in advance  
If too good to be true, it probably is.  
Guard your Social Security, bank and credit card numbers.  
Buy and use a shredder.  
Don't mail bills at the curb.

**V. T. Miller**, Triad volunteer warned us not to become a victim and to also take care of our loved ones.

## MERRY CHRISTMAS

Northeast Sertoma spent two weeks observing Christmas. Our own **Ken Gettman** gave us Christmas readings from authors **Bill Kloefkorn** and **Lance Hall**, including "How to Start a Reindeer on the Coldest Christmas Ever", "The Christmas

Moose Letter", and the poem "All Dressed Up" about how people are nicer when they dress up.

Our Christmas gift exchange was filled with fun and laughter as we opened presents, stole presents and traded

presents. Our perpetual diva gift has a new home for 2012. Our own **Jerry Pigsley** kept us in line and changed the rules when it was convenient.

☺

A Merry Christmas was wished by all to all.

## MY BROTHER & I

The Mayo brothers grew up the sons of a rural doctor. They both became doctors and started a practice in Rochester, MN. Dr. Charlie became an eye, nose and throat doctor and Dr. Will said all that was left was the belly, so he became an abdominal surgeon.

The Sisters of St. Francis opened St. Mary's hospital and became a nursing order. The brothers traveled all over the world to learn new procedures.

Today the Mayo clinic focuses on education, research and practice.

### THE GREATEST GIFT



**SERTOMA INC.**

**The Greatest Gift**

**By Steven Murphy**

It was one of those opportunities ambitious 20 somethings dream about – traveling with the CEO on the company jet. Not only did he get to fly on a private jet, he was going to get some time alone with the big boss to make an impression. Our young hero had planned his approach from watching the comings and goings to the CEO's office from his

cubicle down the hall.

He waited for the right moment as the boss reviewed paperwork and sipped his coffee. He knew this would be a sure way to get on the good side of the boss. *"I have been watching all the folks come and go from your office, and I hear it is because you are chairing a campaign for a university.* Not that he understood what that meant. *"That is really impressive; it must be exciting to lead that effort."*

The boss set aside his paperwork and turned toward his young employee. *"It's working!"* he thought, *"I*

*have scored!* Then the unexpected came as the boss spoke. *"I did not know you were interested in service – so few young people are. So tell me about what you are doing?"*

*"Well I don't have any money like you so I am not in a position to help others,"* thinking it a great cover. And then it happened, unexpected and unplanned – it was not a raise, but the boss did change his life. The boss leaned over, looked straight into his eyes and said, *"Money can be made, but time – time is the most precious gift you can give – because you cannot make more of it. Since you are interested in service – let's find you an opportunity.*

That conversation led to a first real volunteer role for the young man, followed by his first leadership role, and today he watches as his children take up service as a part of their lives. And though he has given money within his ability, nothing has ever replaced the feeling provided by a gift of time. And he has never forgotten the unexpected gift from his boss – a purpose that has lasted a lifetime.

As Sertomans, you not only provide service; you provide opportunities for others to find fulfillment through service. Make service a part of your life.

In Tokyo, a bicycle is faster than a car for most trips of less than 50 minutes.



**Trail Pickup**

**MoPac Trail from 70<sup>th</sup> to Wedgewood Bridge**

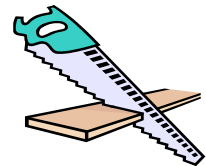
January 1-31

**Lee Bring**

**Superior Trail**

January 1-31

**Jim Becker  
Harry Wimer**



**Board Meeting**

January 10

**Sharon Cuning, Host**

**Northeast Sertoma wishes everyone a Happy and Prosperous New Year. May Sertoma develop a renewed desire for service in their communities; service in giving but especially service of time.**



# Northeast Sertoma



## 2011-2012 Officers

**President** – Donna Magwire

**President-Elect**  
Suzanne Frasier

**Chairman of the Board**  
Cathy Becker

**Secretary** – Fran Follett

**Treasurer** – Lee Bring

**Sergeant-at-Arms**  
Harland Parrish

## Board of Directors

Jim Becker  
Maxine Bishop  
Ken Carlson  
Sharon Cunning  
John Shimonek  
Harry Wimer

**Meet Thursdays**  
7:00 a.m.

**HyVee Club Room**  
5010 "O" Street

**Website: nesertoma.org**

# HUMOR



I have an 18-year-old; her name is Alexis. I chose that name because if I hadn't had her, I'd be driving one.

Seeing her friend Sally wearing a new locket, Meg asks if there is a memento of some sort inside.

"Yes," says Sally, "a lock of my husband's hair."

"But Larry's still alive."

"I know, but his hair is gone."

I need to surround myself with funnier people. My fake laugh is becoming my laugh.

I like blackjack. I'm not addicted to gambling. I'm addicted to sitting in a semicircle.

After Mick Jagger insisted his wrinkles were actually laugh lines, jazz singer George Melly replied, "Surely nothing could be that funny."

President Barack Obama on Speaker of the House John Boehner's orange skin tone: "I used to think that it was a tan. But after seeing how often he tears up, I've come to realize: That's rust."

To experience barracks life: "Sleep on a cot in the garage, and replace the garage door with a curtain. Two hours after you go to sleep, have your wife whip open the curtain, shine a flashlight in your eyes, and mumble, "Sorry, wrong cot."



## International Convention

**April 26-28, 2012**

**Kansas City, MO**

The Little Rules of Life

Watch a sunrise at least once a year.

Never refuse homemade brownies.

Think big thoughts but relish small pleasures.

Overtip breakfast waitresses.

Buy whatever kids are selling on card tables in their front yards.

Keep a few secrets.

The reason volunteers aren't paid isn't because they're worthless, but because they are priceless.

**Northeast Sertoma**  
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