

RUSTY ROCKET REVIEW



Terry Neddenriep

April 3

Birthday

Sharon Cuning

April 6

Birthday

Maxine Bishop

April 13

Birthday



Food Distribution

Tuesday

April 26

4:45 – 6:00

**Center for People in
Need**

I haven't the slightest idea how to change people, but still keep a long list of prospective candidates just in case I should ever figure it out.

David Sedaris

A Publication of Northeast Sertoma, Lincoln, NE

HELPING SAM HEAR

Awaiting a New Beginning

Even as we pondered all of our hopes for life after activation, some concerns crept in. Teresa worried that introducing such a profound change to Sam's world might impact his personality. Sam had been happy and adventurous in his first year, a smiling little bulldozer. Would sound be an unsettling intrusion? We worried that he'd become irritable, introverted, or not himself in some other way.

As the day approached to activate his implant, we became more focused on practical matters. We needed to learn how to

use and care for the implant components and make arrangements for our older son, Jack, on activation day and during the therapy sessions that would follow.

The Big Day

On activation day, Sam was in a chair at the hospital with his implant hooked to a computer for calibration. We were beside him anxiously waiting for the chance to speak to him. When the audiologist let us know the big moment was upon us, the room fell silent.

Once the implant was on, Teresa and I took turns saying things like "Hi, Sam!" and "Notice



anything different?" Time passed without a notable reaction, and Sam remained focused on playing as the audiologist clapped loudly behind his head.

While there was no immediate payoff, we left the hospital smiling. Sam wore an earpiece with a wire that disappeared into his shirt to a battery pack below. Another wire connected the earpiece to a quarter-sized circle on the back of his head, linked magnetically to the implant inside. The equipment was an outward reminder of something incredible: Our deaf son was given the ability to hear.

(To be continued)

SERTOMA PRESIDENT DENNIS LAWLER

For more than 50 years, helping those with hearing and other communication problems has been a major part of what defines Sertoma and has connected us to each other and our communities. In the 1970s and 1980s it was estimated that 24 million people had a measurable hearing loss.

Sertoma in collaboration with other organizations established "May is Better Speech and Hearing Month" and has been involved in this event since it began in the 1980s. Serving those affected by a measurable hearing loss will be a challenge. Our *SAFEears!* Program is designed to educate others and *A Sound*

Investment campaign is designed to inform others about induction looping. We need to have FOCUS in recruiting and retaining members, as we need all the hands and talents that we can enlist in our efforts to support this cause. We must enlist and welcome the aid of other volunteers as "Friends of Sertoma".





Programs

April 7

Jim Becker

Sertoma's On-line Program & Election of National Officers

April 14

Annie Mumgaard

Marketing Coordinator
Bright Lights Program

April 21

Nikki Kopetzky

Audiologist, ENT Specialties
Hearing Aid Developments

April 28

TBA



Bingo

Lancaster Manor
Saturday, April 30



Child
Advocacy
Center

Dedication & Ribbon Cutting

April 17

1-4



Lancaster Manor
Volunteer
Appreciation Banquet
April 9

MIDTOWN VILLAGE

Midtown Village secures services so a person can stay in their own home. Services can range from putting in a light bulb to rounding up cats to take to the vet. They can be a backup service for professional people, such as house sitting until a utility person arrives so that a householder can work. They do have

access to stimulus weatherization funds and can help find contractors. Volunteers are vetted, having to pass a background check and a sexual predator background check.

Nancy Intermill is the only staff person. She also places return calls to ask how the service went.

Midtown Village is mostly in the near South neighborhood though they would like to expand.

Volunteers are from the whole city. Membership is \$40 a month, \$430 a year. There is a scholarship program for \$100 a year.

INDEPENDENCE HOUSE

No two people are impacted the same. When you have met one person with Alzheimer's, you have met one person with Alzheimer's. Every person is different.

Independence House

Goals:

Provide support to residents and families;
Improve quality of life;
Support dignity;
Manage symptoms;
Provide comfort at all stages, and;
Delay functional decline.

Marsha Stork and

Rhonda Saunders say *Independence House* welcomes all stages of dementia patients.

Dementia types and their impact are:

Alzheimer's 60-70%
Vascular – 20-30%
Frontotemporal Lobe – 5-10%
Lewy Body – 5%

Common signs are loss of mental functions in memory, language, orientation, problem solving, attention, personality, mood and judgment.

There are no known causes of Alzheimer's and there is no cure. 1/3 of families are impacted. It is the 7th leading cause of death. 5.3 million people have Alzheimer's and this will double in 20 years. There are 10.9 million unpaid caregivers.

Independence House provides Day Services, Respite Care, Support Groups and Specialized Care Homes.

Volunteers are needed to play cards, sing, read, and play bingo

VOICES OF HOPE

Sexual assault occurs in the U.S. once in three minutes. One out of six women will be a victim of sexual assault in her lifetime. 84% of victims know their assailant. One in three girls and one in seven boys will be sexually assaulted before

his/her 18th birthday.

Many women leave a violent situation 7-10 times before leaving permanently. A domestic violence relationship is based on power and control, not violence.

Sue Anderson says *Voices of Hope* offers a 24 hour crisis hotline manned by volunteers. They offer short-term counseling and support groups for women. They take walk-in services but they are not a shelter provider. They work closely with *Friendship Home*.

GAME & PARKS

Western Nebraska has a dog that can sniff out mountain lions by their scat, says **Dina Bartu**, an officer with the Game & Parks Commission.

Heritage Outdoor Shooting Complex at Platte River State Park should be ready this year. It is a shooting range and an educational tool. Platte River also offers kayak training. Ponca State Park is building cabins with all the conveniences of home with private funds.

Dina is worried about allowing alcohol at the state parks. There is a

reduction of number of officers. They can't really make arrests unless people are willing to go to court.

Dina encouraged boaters to bleach and dry their boats before moving their boat to another lake to prevent the spread of zebra mussels and other invasive species.

People are breeding deer trying to get bigger racks for canned hunts. A wild hog population was killed near Garland as they are illegal in Nebraska.



Roller Derby
Pershing Concessions
April 1 & April 2
5:15 Report Time



Concert
Pershing Concessions
April 9
5:45 Report Time



Trail Pickup
MoPac Trail from 70th to
Wedgewood Bridge

April 1-30

Fran Follett

Superior Trail

April 1-30

Jim Becker
Lee Bring



It may have been the most romantic statement ever uttered in our courthouse. In between hearings, a wedding was performed. As the newlyweds left the courtroom, the bride nestled up to the groom and cooed, "Isn't it nice to be here when we're not being convicted of something?"

The average bank teller loses about \$250 every year.

Northeast Sertomans worked all day at the Pancake Feed. But we had a good time working hard.

Two EMT volunteers went to the aid of an elderly man. As one took down his information, the other opened his shirt to attach EKG cables.

"Any history of heart trouble?" asked the first volunteer.

"None," said the patient.

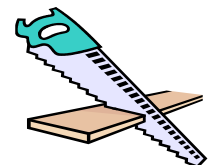
Looking at the telltale scars of bypass surgery, the second volunteer wasn't so sure. "In that case, do you remember when the lion attacked you?"



Cookies for Child Advocacy
Center

April

Fran Follett



Board Meeting

April 12

Jim Becker, Host

Northeast Sertoma



2010-2011 Officers

President – Cathy Becker

President-Elect
Donna Magwire

Chairman of the Board
Ken Westerhold

Secretary – Fran Follett

Treasurer – Lee Bring

Sergeant-at-Arms
Harland Parrish

Board of Directors
Jim Becker
Maxine Bishop
Dave Brown
Sharon Cuning
Chuck Genrich
Harry Wimer

Meet Thursdays
7:00 a.m.

HyVee Club Room
5010 "O" Street

Website: nesertoma.org

HUMOR



A candy company's sales team was promised a trip to sunny Hawaii this past winter if they met their sales quota. They missed their mark and instead got the consolation prize: a vacation to Fargo, North Dakota, where the temperature was seven degrees.

Just as she was celebrating her 80th birthday, our friend received a jury-duty notice. She called the clerk's office to remind them that she was exempt because of her age.

"You need to come in and fill out the exemption forms," the clerk said.

"But I filled them out last year," she replied.

"You have to fill them out every year."

We learned a lot at our Child Advocacy Center tour. We sadly learned that the expanded facilities are sorely needed. The delicious meal at Stauffer's made for a good day, for a Monday!

"Why? Do you think I'm getting younger?"

I stood next to a retired Marine Corps general at a military trade show, watching a cutting edge robot navigate an obstacle course.

"I bet you didn't have these back in your day," I said.

"Oh, we did," he answered. "They were called privates."

I wouldn't want to fly Virgin. Who'd want to fly an airline that doesn't go all the way?



Great Plains Regional Conference
August 11-13, 2011
Lincoln

- Actual College Courses**
- The Joy of Garbage –Santa Clara University
 - Tree Climbing – Cornell
 - Queer Musicology –UCLA
 - Maple Syrup, The Real Thing – Alfred University



The reason volunteers aren't paid isn't because they're worthless, but because they are priceless.

Northeast Sertoma
Fran Follett, Editor
1741 Ridgehaven Ct #1
Lincoln, NE 68505-3060